



# AT A GLANCE BULLETIN

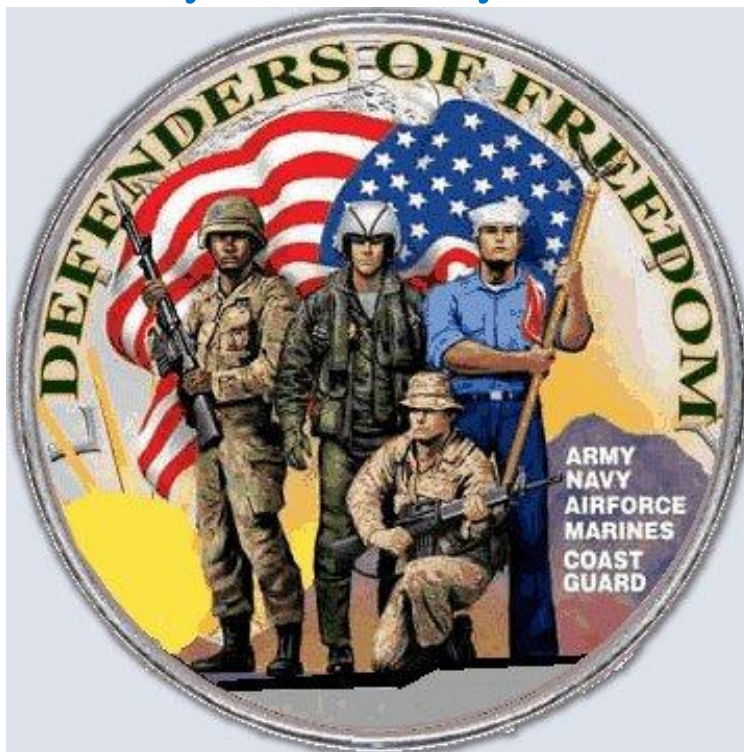


Army Community Service  
61 Quebec Street, BLD 683  
Fort Devens, MA 01434-4479

Serving the Military in New England

August 2014

## AUGUST 2014 Army Community Service



Fort Devens Welcome Center

61 Quebec Street, Building 683

ACS Hours of Operation

0730-1600 Monday -Friday

<https://www.devens.army.mil>

ACS TELEPHONE NUMBERS

978-796-3023/ 3119 DSN 256-3023/ 3119

**MILITARY ONE SOURCE**

1-800-342-9647

[www.armyonesource.com](http://www.armyonesource.com)

## FROM THE OFFICE OF THE ACS DIRECTOR



Fort Devens bid farewell to one of our own on 26 July 2014. Julia Lanza could be seen at most of our Fort Devens functions supporting the installation. RIP my friend; we will miss you.



# FINANCIAL

## How Efficient is Your Home?

### Home Energy Checklist

The following is a simple checklist of energy conservation/efficiency measures to use at home.

- ☐ Turn down the temperature of your water heater to the warm setting (120°F). You'll not only save energy, you'll avoid scalding your hands.
- ☐ Check if your water heater has an [insulating blanket](#). An insulating blanket will pay for itself in one year or less!
- ☐ Heating can account for almost half of the average family's winter energy bill. Make sure your furnace or heat pump receives professional maintenance each year. And look for the [ENERGY STAR®](#) label when replacing your system.
- ☐ Review additional [strategies to reduce your water heating bills](#). Water heating can account for 14%-25% of the energy consumed in your home.
- ☐ Survey your incandescent lights for opportunities to replace them with [compact fluorescents \(CFLs\)](#) or light-emitting diodes (LEDs). CFLs can save three-quarters of the electricity used by incandescents. The best targets are 60-100 W bulbs used several hours a day. Measure the clearance in the fixtures to make sure they will accommodate compact fluorescents, which are slightly bigger than incandescents.
- ☐ **Turn off the lights** in unoccupied rooms or consider installing timers, photo cells, or occupancy sensors to reduce the amount of time your lights are on.
- ☐ Install a **programmable thermostat** that can be adjusted to temperatures according to your schedule.
- ☐ During winter, open curtains on your south-facing windows during the day to allow sunlight to naturally heat your home, and close them at night to reduce the chill you may feel from cold windows.
- ☐ **Clean or replace filters** in your furnace, air-conditioner, and heat-pump.
- ☐ **ENERGY STAR® labeled products** can cut your energy bills by up to 30 percent. Find retailers near you at <http://www.energystar.gov/> when you're ready to replace your heating and cooling systems—as well as appliances, lighting, windows, office equipment, and home electronics.

**Upcoming Social Security Information Brief:** “**Unlocking Social Security**” brought to you by Rollstone Financial Services. DATE: Thursday, 14 August 2014 TIME: 12:00 PLACE: Command HQ, BLD 679, 31 Quebec Street. RSVP to Mel Fisher at 978-796-3023 by 7 August 2014 as FREE lunch will be provided and an accurate count is needed.



## SOLDIER AND FAMILIES

**Transitioning Veterans Fly Free For Job Interviews:** You or someone you know may be eligible.

<http://hireourheroes.org/free-travel/#sthash.8XmqSpew.dpbs>

Provides Veterans the essential tools to succeed in today's workforce.



### UPCOMING EVENTS AND TICKETS AND TOURS

**TICKETS AND TOURS, (781) 225-6505/6498** Hanscom AFB, 98 Barksdale Street Bldg  
<http://www.hanscomservices.com/> PREPAID ORDERS ONLY!! Payment is due at the time the order is placed. Once the order has been placed there are no refunds.

on sale now at Hanscom Air Force Base Tickets & Tours...



**ONE DIRECTION**  
WHERE WE ARE TOUR 2014

**GILLETTE STADIUM | AUG. 7 & 9**

**ONE DIRECTION IS ON SALE NOW!**

#### **ONE DIRECTION**

*Where we are Tour 2014*

**Thur. Aug. 7, 2014 at Gillette Stadium**

\$135/ticket for club seating

\$270/pair | Sold in pairs only, limit 1 pair per ID card holder

#### **New date available:**

**Sat. Aug. 9, 2014 at Gillette Stadium**

\$135/ticket for club seating

\$270/pair | Sold in pairs only, limit 1 pair per ID card holder

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now at Tickets & Tours...

# THE PHANTOM OF THE OPERA

JULY 19

and

# THE LION KING

SEPT. 28

Tickets & Tours is proud to offer tickets for two exciting shows at the **Boston Opera House**.

### ***The Lion King***

Sunday, September 28 | 1 p.m.

Boston Opera House

\$150/pair

*Limited quantities available*

## Trips

**Take a trip with us! We offer many exciting destinations. Call us at (781) 225-6505 to make your reservation today. Please make your reservation 30 days in advance for all overnight trips.**



Nantucket  
Spectacular

Sep 6

Featuring:

- round-trip transportation
- enjoy Hyline's First Class Cabin as you cruise towards Nantucket

**Saturday, September 6:** Depart Hanscom AFB at 7 a.m. Your luxury Silver Fox Coach will transport you to the Nantucket Ferry dock in Hyannis where you'll set sail at 9:20 a.m. in Hyline's First Class Cabin, where you'll enjoy a complimentary danish and coffee on a private sundeck as you cruise towards Nantucket. Once on Nantucket Island, you will get a chance to visit the different shops and restaurants, as well as The Old Historic Town, whaling museums and much more. You'll sail back at 4 p.m. and enjoy a complimentary beverage, crackers and cheese. You will be arriving back to Hanscom around 7:30 p.m.

**Cost:** \$84/pp

Call Tickets & Tours for more information or to reserve your spot today! (781) 225-6505

## **HANSCOM AIRMAN AND FAMILY READINESS CENTER** **AUGUST 2013**

**Please Call 781-225-2765 to Register**

Serving the total force...Programs are free to all single and married Active Duty, Reserve, and Guard personnel, DoD civilians, retired Military personnel and Family members

**MILITARY FAMILY LIFE CONSULTANTS (MFLCs)** - MFLC provides free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 879-7654 and leave your first name only for an appointment! to cope with disappointment, shock, worry, and to focus on the things we can control. Presented by Hanscom's Military and Family Life Consultant.

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**\*\*PRIVATE SECTOR & FEDERAL RESUME CRITIQUE** By 'in person' appointment only - Resumes are reviewed by an employment specialist with HR experience- get feedback to improve your format and content. Email your résumé to 66.fss.fsfr.cmb@us.af.mil & receive an appointment within 7 business days. Prior attendance at an A&FRC Résumé Writing class is recommended.

**SOMEONE TO TALK TO when you need it: Military Family Life Consultants (MFLC)** provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 879-7654 and leave your first name only for an appointment!

**Employee Assistance Program (EAP)** provides a confidential, free counseling service on a wide range of personal and work concerns for DoD civilian, NAF and DECA employees as well as their family members. The EAP offers Financial and Legal services as well. Contact Ina Bachman, LICSW, CEAP at 1-800-222-0364 for an appointment and check out the website [www.FOH4you.com](http://www.FOH4you.com) . \*\* On site every Monday!!

**\* INDIVIDUAL TRANSITION PLAN CHECKLIST -- CAPSTONE \*** All service members are required to complete DD Form 2958, Service Member's Individual Transition Plan Checklist (referred to as "Capstone"), prior to separation/retirement. Appointments are available every Tuesday, from 9:00 – 10:30 am. Call to schedule an appointment.

**VETERANS SERVICES REPRESENTATIVES are available.** Please contact them at 781-225-2624/2625. Located in Bldg 1217.

**VETERANS AFFAIRS DISABILITY CLAIMS REVIEW Fridays (By Appointment Only)** A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. **Call 617-303-5698 for an appointment.**

**PREDEPLOYMENT BRIEFING Every Friday, August ,1, 8, 15, 22; 2:00 .—3:00 p.m.**

Mandatory for personnel tasked with a TDY/Deployment of 30 days or longer. Spouses are highly encouraged to attend. Briefings are held every Friday at the Airman & Family Readiness Center. Please call to sign up.

**HEART LINK NEW SPOUSE ORIENTATION Monday, August 4; 1:00 – 3:00 pm**

Welcome to the military family! Heart Link is an orientation workshop for any spouse married to a service member for 5 years or less from any branch of the armed services who wants to learn more about military life

**FAMILY WELCOME — Bring the children! Every Tuesday, August 5, 12, 19, 26; 10:00 —**

**11:00 a.m. Community Support Center, Bldg. 1217** Learn about Hanscom AFB and the surrounding communities. Receive money saving tips and shopping information while learning about schools, recreation, local attractions, safety, security, education, employment and more. Children welcome.

**FEDERAL RESUME WRITING AND USAJOBS Tuesday, August 5; 8:30 a.m.—12:00 p.m.**

Improve your odds of getting the federal job you want by learning resume writing basics, how to locate essential skills and keywords to include, how to write accomplishment statements, resume builder formats & more.

**10 HABITS OF VERY PRODUCTIVE PEOPLE Wednesday, August 6; 11:30 a.m. – 12:30 p.m.**

Ever wonder how some people get so much done? In this seminar, you'll learn ten behaviors that very

productive people use to accomplish more while still maintaining their work/life balance. You'll discover how to deal with interruptions (including Facebook and Twitter), complete tasks more effectively, manage email, improve your focus, and much more. After this class you'll be one of the very productive people, too! Presented by Productivity Expert Lorena Prime of Boston's Clearly Organized Business Solutions.

**PRESEPARATION COUNSELING Every Wednesday, August 6, 13, 20, 27; 9:00 — 11:00 a.m.**

Weekly sessions for separating & retiring service members to complete the mandatory DD Form 2648, Preseparation Counseling. The session provides critical information about benefits, resources & services available to transition from military to civilian life. This counseling **MUST** be provided at least 90 days prior to date of separation or retirement. Service members must complete the counseling prior to attending the Transition-GPS (Goals, Plans, Success) Workshop.

**RESUME WRITING FOR THE PRIVATE SECTOR Thursday, August 7; 9:00 a.m. — 12:00 p.m.** This basic resume writing course discusses how to write and format an effective resume and cover letter. Taught by a former private sector HR staffing specialist.

**PREPARING YOUR CHILD FOR MIDDLE SCHOOL Friday, August 8; 11:30 a.m. – 12:30 p.m.** Starting middle school is a big step and can sometimes leave children feeling uneasy or afraid. Learn how to help ease your child's transition to middle school and get off to a good start. Presented by Hanscom's Military & Family Life Consultant.

**MBTI—CHOOSE & CHANGE CAREERS Tuesday, August 12; 10:00 a.m.—2:00 p.m.**

Take the Myers-Briggs Type Indicator (MBTI) to learn your personality preferences. This helps you choose a new career or find more satisfaction in your present job. Bring your lunch

**TRANSITION —GPS WORKSHOP Monday - Friday, August 18-22; 7:30 a.m.—4:00 p.m.**

**Hanscom Conference Center, Building 1106 · All military attendees must have completed DD Form 2648/1 (Preseparation Counseling) prior to the workshop.** Mandatory for all service members. Spouses welcome. Assists voluntarily & involuntarily separating & retiring service members with career & life transition. This 5 day program consists of a DOL Employment Workshop, a VA benefits briefing, modules on financial planning, Military Occupational Code (MOC) Crosswalk & preparation and review of Individual Transition Plans (ITP). All military attendees must be enrolled in eBenefits.va.gov prior to the workshop. Please bring your own laptop, Pre-Registration is required;

**PREPARING YOUR CHILD FOR KINDERGARTEN Tuesday, August 19; 11:30 a.m. – 12:30 p.m.** Starting kindergarten is an important milestone for children. Learn what behavioral, academic, and social skills children should know prior to starting kindergarten and who to help your child prepare for their big day. Presented by Hanscom's Military & Family Life Consultant.

**HEARTS APART - 'BOWL YOU OVER' Wednesday, August 20; 4:30 — 6:00 p.m.**

Families of deployed, remote tour and extended TDY service members are invited to join us at Hanscom Lanes for bowling, food, drinks and fun. Please RSVP with the total number of individuals attending by Friday, 15 August by calling 781-225-2765 or via e-mail 66.fss.fsfr.cmb@us.af.mil

**E-SMOOTH MOVE SEMINAR Thursday, August 21; 11:00 a.m. — 12:00 p.m.**

Learn how to navigate the new internet based resources designed for PCS moves, and where to get answers to your questions about your upcoming move. Informational handouts will be provided. Bring your "smart" device and follow along with us on our WIFI. **Spouses Welcome!**

**MOVING WITH CHILDREN Thursday, August 21; 12:15 — 1:00 p.m.**

Parents! Please join us for this special presentation immediately following the E-Smooth Move Seminar. We'll discuss tips and techniques to help make moving and adjustment to a new school easier for your children whether it's their first move or their fifteenth. (Partnership with MFLC)



**MATRI-MONEY Friday, August 22; 11:30 a.m. – 12:30 p.m.**

Put a damper on the emotionally charged discussions of money matters in your marriage by learning how to develop realistic financial goals and communicate them effectively to your partner. Presented by Hanscom's Military & Family Life Consultant.

**INSTALLATION COMMANDER'S WELCOME & INFO FAIR Monday, August 25; 8:00 — 11:30 a.m. Hanscom Conference Center, Bldg 1106**

Your official introduction to Hanscom AFB features essential base & local community information for new arrivals. **Spouses & other service personnel at HAFB encouraged to attend! Medical Squadron Welcome for clinic beneficiaries follows at 11:45.**

**ICE CREAM SOCIAL & FINANCE FAIR Tuesday, August 26; 11:30 a.m. — 1:00 p.m.**

Join us for yummy ice cream (FREE) and great financial information. Get the SCOOP on budgeting, credit, debt reduction, savings, investing and much more. Hosted by the Hanscom Federal Credit Union.

**"T" PUBLIC TRANSPORTATION & CITY ORIENTATION Thursday, August 28; 9:00 a.m.**

**— 4:00 p.m.** How to navigate the local public transportation system and obtain information on events and attractions. Ride into Boston with us using the "T." All you need is \$5.30 per person for fares (Children 11 & under free with paying adult.). Bring lunch or purchase in town. Part of official newcomer orientation; military service members do not have to take leave to attend.

## **Family Advocacy Outreach**

**CELL PHONE COLLECTION:** The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

**WIC**, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. \* **WIC is located in Bldg 1507** \*. **WIC is on base the first and third Wednesday** of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

**First Connections-** Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website [www.firstconnections.org](http://www.firstconnections.org) or by calling 781-287-0221.

## **EMPLOYMENT READINESS**

**Veterans Employment Center:** A new online resource, the Veterans Employment Center, officially launched on April 23, 2014! The site is the first interagency tool to bring both public and private job opportunities, a resume-builder, military skills translator and detailed career and training resources together in one place.



At the Joining Forces anniversary celebration, First Lady Michelle Obama stated, "Starting today, every single service member, every veteran, and every military family will have access to a new online tool that will revolutionize how you find jobs in both the public and private sectors. All you have to do is log on to [ebenefits.va.gov](http://ebenefits.va.gov)."

This new eBenefits feature incorporates numerous tools and resources for job seekers, as well as employers who want high quality applicants. Veterans, service members and their spouses or dependents, who are looking for work, transitioning out of the military or changing careers are encouraged to utilize the Veterans Employment Center. Users can access the Skills Translator function to translate military terms to civilian skills or just go right to the Resume Builder tool. Resumes created on the site will be available to private and public sector employers who specifically want to hire veterans. Veterans Employment Center is found at <http://www.ebenefits.va.gov>. eBenefits Fact Sheet [http://www.nvti.ucdenver.edu/home/buzz\\_xtra/eBenefits\\_factsheet.pdf](http://www.nvti.ucdenver.edu/home/buzz_xtra/eBenefits_factsheet.pdf)  
**The Federal Resume Database:**



**THE FEDERAL RESUME DATABASE**  
SUCCESSFUL FEDERAL RESUME SAMPLES FROM 6 POPULAR FEDERAL RESUME BOOKS BY KATHRYN TROUTMAN



*150 Samples of Samples of Military Transition, Military Spouse, Student Veteran, and Government Federal Employee Federal Resumes  
From Current Titles and CD-ROMs by Kathryn Troutman*



<http://www.resume-place.com/imcomacs>  
Username: IMCOMACS  
Password: getajob

The Resume Place, Inc. -- [www.resume-place.com](http://www.resume-place.com) -- (888) 480-8265

**Free Vocational Training for Veterans:** The Veterans Training School (VTS) is recruiting unemployed and under-employed Veterans for the following vocational free vocational programs: Apply today! Email Andrew Moyseowicz or call 617-371—1810. Find more online at [www.nechv.org](http://www.nechv.org)

**Career Opportunities:** An update that we now have a "Career Opportunities" link on our website which will have all the information regarding our current job opening, description, and how to apply... <http://www.veteransinc.org/about-us/career-opportunities/>

**Labor Ready :** Provides temp jobs to those interested in gaining work experience, want some extra cash, or need immediate income when between jobs or need seasonal work. Flexible work hours; get paid the same day. Over 600 locations throughout the United States.  
<http://www.laborready.com/Temporary-Employment>

The above information is provided as a community service. No endorsement of events, products or services by the DoD is implied or intended. For more information, contact the company directly.

**Free Resume Help for Military Members :** The below website is where Service Members can get free resume writing help and the course schedule. <http://www.networkri.org/centers.htm>

**USA JOB:** JOB OPPORTUNITIES ON THE BASE - Remember to go to [www.USAJOBS.GOV](http://www.USAJOBS.GOV) and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site [www.USAJOBS.GOV](http://www.USAJOBS.GOV) This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

**Job Search:** Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. <https://erp.bah.com/hotjobs.htm>

**Website: Career Resources for Veterans:** The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at <http://www.sc.edu/career/Webresources/veterans.html>

<http://www.realwarriors.net/materials/order>

**Hanscom AFS: Resources** <http://www.hanscom.af.mil>

**Massachusetts Career Information System:** <http://masscis.intocareers.org/default.asp>

**Veterans Employment Services (978) 534-1481 x 117** [www.wmoore@detma.org](mailto:www.wmoore@detma.org)

**Orion International:** [info@orioninternational.com](mailto:info@orioninternational.com)

## **RELOCATION READINESS**

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets <https://www.devens.army.mil> or call 978-796-3023

**Moving and Relocation Information:** Terrific tips to make moving easier. <http://afmove.hq.af.mil/Default.asp>

**TRICARE Information at Hanscom AFB:**

Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

## **FORT DEVENS SERVICES:**

**Fort Devens Mail and Distribution:** Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours. 0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

**Education Office:** The 99<sup>th</sup> RSC Education Office is located at 30 Quebec Street, (Building 666) Fort Devens, in Rooms 328, 326, and 324. POC is Lee Achenback at 978-796-2968. Services include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

**Police Services Division: Fingerprinting 0930-1030 / 1500-1600 or By Appointment.**

**Police: 978-796-3333**

**Physical Security: 978-796-2061**

**Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596**

**Devens Legal: 978-796-2255**

**Education Office: 978-796-2331**

**AAFES / Clothing & Sales: 978-772-6838 / 2065**

**Photo Section DA Photo: 978-796-2559**

**Fort Devens ID Cards 978 - 796-2130, Building 683**

**Billeting: Bldg. 978-796-3201**

**Distance Learning Center: 978-796-3612 / 2605 / 2626**

**Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840**

**Vehicles: 978-796-2141**

**MASSACHUSETTS RESOURCES:** **USO New England:** <http://www.uso-newengland.org/index.htm>

Massachusetts Parks: [www.state.ma.us/dem/forparks.htm](http://www.state.ma.us/dem/forparks.htm)

Massachusetts Wildlife: [www.state.ma.us/dfwele/dfw](http://www.state.ma.us/dfwele/dfw)

State of Massachusetts Child Care Finder: [www.qualitychildcare.org](http://www.qualitychildcare.org)

Massachusetts Getaway Guide: <http://www.mass-vacation.com/>

Massachusetts's area Guides net: <http://massachusetts.ags.myareaguide.com/>

Boston and Local Area Concerts: <http://www.bostonconcerts.com/>